Contributors

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Nelia Steyn, MPH, PhD, RD, lives and works in Cape Town, South Africa. She has published more than 140 peer-reviewed articles and is the editor of three books, including a community nutrition textbook for South Africa. Her research focus areas include food security, dietary methodology, nutrition and chronic diseases of lifestyle, and the double burden of under- and over-nutrition. For ten years, she was Chief Research Specialist at the Medical Research Council in South Africa and is currently in the Division of Human Nutrition, University of Cape Town. In recent years, she has done consultancies for both the World Health Organization and the Food and Agriculture Organization of the United Nations. She has served on the editorial boards of Public Health Nutrition and the South African Journal of Clinical Nutrition. She played a major role in the development of the DAEK, a tool for assessing dietary intake in adults and children.

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Karen E. Charlton is a nutritional epidemiologist who teaches in the public health programme at the University of Wollongong, Australia. Her research interests include diet and lifestyle interventions across the lifespan, including ageing in developing countries. On a population level, Karen works on strategies to lower blood pressure and was instrumental in providing evidence for mandatory regulation for salt target levels in foods in South Africa.

Lisanne M. du Plessis is a senior lecturer in community nutrition at Stellenbosch University, in South Africa. She has a special interest in maternal, infant, and young child health and nutrition (first 1000 days of life) as well as health promotion. She has published in topics related to these fields and has presented at national and international congresses.
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Wenche Barth Eide is associate professor emeritus in the Department of Nutrition, University of Oslo. Her major activity over many years has been the development of conceptual and practical linkages between nutrition as a public responsibility, and international human rights including the right to adequate food and the right to health. She has published and taught extensively on the subject and served as an adviser to national and international organizations.

Mieke Faber is a researcher at the Medical Research Council and an extra-ordinary professor at the University of the Western Cape, South Africa. She conducts research at the interface of human nutrition and agriculture; her major research interest is community-based interventions to address micronutrient malnutrition, focusing on infants and young children in rural areas.

Monica Ferreira is the president of International Longevity Centre – South Africa, operated in the Institute of Ageing in Africa at the University of Cape Town. She trained as a sociologist and has worked in African gerontology for more than 35 years. She has published extensively on ageing in sub-Saharan Africa.

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